

#### BELL SCHEDULE

Block 1	7:59 – 9:12 am
Block 2	9:16 – 10:29 am
FLEX	10:29 – 10:58 am
Block 3	11:02 am – 12:15 pm
LUNCH	12:15 pm – 12:55 pm
Block 4	12:59 pm – 2:11 pm
Block 5	2:15 pm – 3:27 pm

#### BAND, CHOIR & STRING STUDENTS

Band Choir and String students who need to be fitted for the uniform.

Please come at lunch to the band room TODAY (Wednesday, Nov. 3<sup>rd</sup>) to be fitted!!
DON'T FORGET!

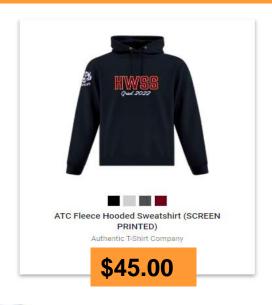
#### **Attention Grade 12s:**

#### The Grad Wear Store is open until November 15<sup>th</sup>.

https://store.passionsports.ca/heritage\_woods\_grad\_2022/shop/home









Crewneck Sweatshirt (EMBROIDERED LOGO)

Crewneck Sweatshirt. (SCREEN PRINTED LOGO)

\$70.00

\$40.00

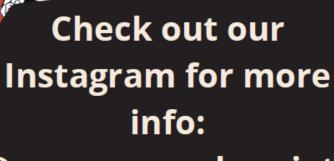
### Are you interested in becoming an Executive?

SuccessSpeak Society is a non-profit student-led organization aimed at inspiring youth in their confidence in public speaking

Deadline is Nov 8th, 2021 Application QR Code:







**@successspeaksociety** 

#### MOVE4MANA EVENTS CALENDAR NOV 1 TO NOV 15

WEEK

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



TIKTOCK CHALLENGE (WHOLE WEEK)



MANA KAHOOT (LUNCH) GR 11
MUSICAL
CHAIRS
(LUNCH)

TEACHER J VS STUDENT DODGEBALL



TREASURE
HUNT
(WHOLE WEEK)

GR 9/10
MUSICAL
CHAIRS
(LUNCH)

SCAVENGER HUNT (LUNCH)

NO SCHOOL



FINAL TEAM
EVENT

GET ACTIVIE AND LOG MOUR POINTS MOVE4MANA LUNCH EVENT #3: WEDS, NOV 3



# MANA KAHOOT!



#### **Instructions:**

- Kahoot! game on MANA facts
- Projected in the grand hall

### PRIZES:

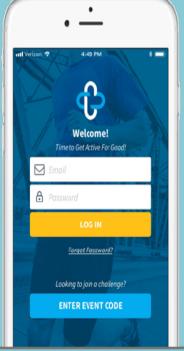
AirPods Pro 2x \$15 Starbucks gift card

HOPE TO SEE YOU ALL THERE!









MOVE4MANA TECH TEAM WILL BE AVAILABLE TUES AND THURS DURING FLEX IN THE COMPUTER LAB TO ANSWER ANY QUESTIONS!



### Gay

Being gay means that you are attracted to someone with the same gender as you.

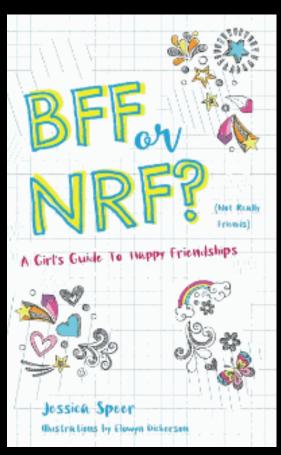


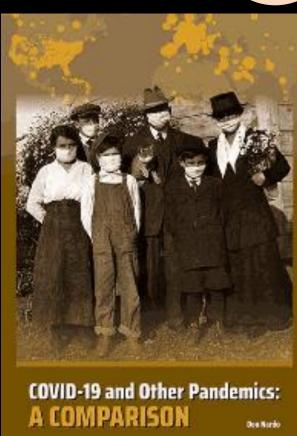
### Lesbian

Lesbian means you are a woman who is attracted to other women, but non-binary people also sometimes use this term.



### New Books Hwss library







### KODIAK ATHLETICS





### **SWIM TEAM**

YEARBOOK GROUP PHOTO IN THE GYM NOV. 3, START OF LUNCH. NO NEED TO WEAR SWIMWEAR









# CLUBS



#### MEETINGS ON WEDNESDAYS AT LUNCH IN ROOM 213

# JOIN WYNS CLUB!!!





#### Do YOU want to help the community?

- Volunteer hours
- Fundraising
- Partnered with Eagle Ridge Hospital
- Helping kids with medical conditions and providing for those in need
- Looks fantastic on University Applications!!!





## Waterlution Club Photography Contest

Tuesday, October 26th - Friday, November 12th

- Take a picture of a water body
- Accompany it with 1-2 sentences reflecting on:
  - How water sustains wildlife, your community, or how it's involved in your life
- Submit to hwsswaterlutionclub@gmail.com
   <u>by Nov. 12</u>

### Two winners will be given a \$25 MEC gift card each!

winners will be contacted on November 15th

# CAREER CENTER



Students in grades 8 through 12 are invited to attend our virtual **UBC Engineering Open House** this **Saturday, November 6**!

A degree in engineering gives students an excellent foundation to follow in the footsteps of our alumni like Bowinn Ma, the MLA for North Vancouver- Lonsdale, Andrea Palmer, co-founder of Awake Labs using technology to improve the well-being of adults with cognitive disabilities, or to work for companies like Apple, Tesla, Google and more!

- If you are ready to make an impact on our world, please register for the virtual UBC Engineering

  Open House before November 5 at 11:59pm, by going to: engineering.ubc.ca/openhouse
- You can look forward to:
- Live presentations
- Student experience panels
- Speaking with academic advisors from each of our 14 engineering undergraduate programs from both the UBC Vancouver and Okanagan campuses



Register for the SD43 Firefighting Academy and explore the career path of a firefighter. Students will gain hands-on experience and will also earn high school credits for participation.

TO APPLY SEE YOUR COUNSELOR

SD43 Firefighting Academy happens March 11 – 18, 2022 and is open to current grade 11 or 12 students.

- Find more information and the fillable application for the SD43 Fire Academy on the SD43 website:
- http://www.sd43.bc.ca/Car eerPrograms/Pages/OtherLea rningOpportunities.aspx#/=
- Completed applications due to your counsellor not later than Friday Dec. 10, 12:30 pm.
- Incomplete or late application will not be accepted.
- Questions? See your counsellor or Ms. Butler.
- http://www.sd43.bc.ca/Car eerPrograms/Pages/OtherLea rningOpportunities.aspx#/=

### UPCOMING MAJOR SCHOLARSHIP INTERNAL NOMINATION DEADLINES:

Queen's University Chancellor's Scholarship: Friday Nov. 05 12:30pm

- Applications for nomination due to Ms. Butler or Mrs. Martin no later than the posted deadlines.
- Incomplete application will not be considered!
- Nomination application are on the career centre website Finances/Award page
- http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=

\*\*Please watch Ms. Butler's Power Point on the Career Centre TV for up-to-date information on all post-secondary events\*\*

DATE	TIME	POST- SEC	LINK	OTHER
Nov. 03	6:00 PM	Queen's	https://queensu.zoom.us/s/9 3294867963?pwd=b0ZJcDAwU Ho4QTkyVlNBaklHNEM2QT09	passcode is required: 334353 Must pre-register
Nov. 04	4:00 PM	York	https://yorku.zoom.us/webin ar/register/WN FLj10ADFRgG -ab4Dy-HoSA	
Nov. 04	6:00 PM	SFU Beedie School of Business	https://www.eventbrite.com/ e/sfu-beedie-sd43-webinar- registration-171551213297	

Nov. 8	6:00 pm	Western Ivey HBA	Students Registration: https://www.tfaforms.com/4914685  Students can access our HBA Program virtual brochure and other digital resources on our site, located here: View HBA Program Brochure View HBA Employment Report	
Nov. 09	6:00 PM	Guelph International	https://zoom.us/j/99324538 890	For international students ONLY
Nov. 10	5:00 PM	SFU	https://sfu.zoom.us/j/61943246 531?pwd=a0tSVkV2aGtNdU1sdUtt UUVaVXhxQT09	
Nov. 10	6:00 PM	Kwantlen Polytechnic (KPU)	Zoom link: https://zoom.us/j/95633790 122	
Nov. 15	5:00 PM	BCIT	https://bcit.zoom.us/j/63469931227?pwd= WTJ3YXpwVEE4QmEveGlQc0tiUWNvUT09	Meeting ID: 634 6993 1227 Password: 176322
Nov. 16		Western	Pre-registration will be required. <a href="https://westernuniversity.zoom.us/webinar/register/WN">https://westernuniversity.zoom.us/webinar/register/WN</a> Kgwzg <a href="https://www.kgwzg.ktfshs2sjdub-ntow">KTFSHS2SJdub-ntow</a>	
Nov. 16	4:30 pm	UBC Sauder	https://ubc.zoom.us/meeting/re gister/u5Eqcu-rqj8jHdAG4j- GawtnjNetDg9bu1Fj	

DATE	TIME	POST-SEC	LINK	
Nov. 17	6:00 pm	Trinity Western University	https://twu.zoom.us/j/9596 4488292	Meeting ID: 959 6448 8292 One tap mobile
Nov. 18	lunch	U Calgary in Grand Hall	Table in Grand Hall for students to speak to recruiter	
Nov. 22	6:00 PM	U Ottawa	https://uottawa- ca.zoom.us/j/95275063926?pwd= eFpKMnRUdUZRVnV3RDRZQmMy bDNYQT09	
Nov. 23	5:00 PM	SFU	https://sfu.zoom.us/j/628314306 00?pwd=a2VMdDNnV0ViNlkrai96 RlB5ckRhdz09	
Nov. 23	5:00 PM	U Calgary	not yet available	
Nov. 24	6:00 PM	Douglas College	not yet available	
Dec. 02	6:00 PM	U Alberta	https://my.demio.com/ref/dbRB eiF3WRXtenhD	
Dec. 08	lunch	U Alberta IN LIBRARY LAB	for grade 12 students ONLY in the Library Computer lab	
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Various	4 - 7 pm	Canadian University Event	log on to <a href="https://cuebc.org/">https://cuebc.org/</a> to access events. Events Sept. 30, Oct, 2, 4, and 5th	
Various	various	PSBC Mini Fair	log on to www.postsecondary.bc.ca to access events various dates until early December	

### VOLUNTEER OPPORTUNITIES

